

# August 2025 News and Updates

**UT Southwestern**  
Medical Center  
Department of  
Orthopaedic Surgery

Volume 4 | Issue 7

## Excellence in Motion

### Dr. Cabrera named as new team doctor for Dallas Trinity FC

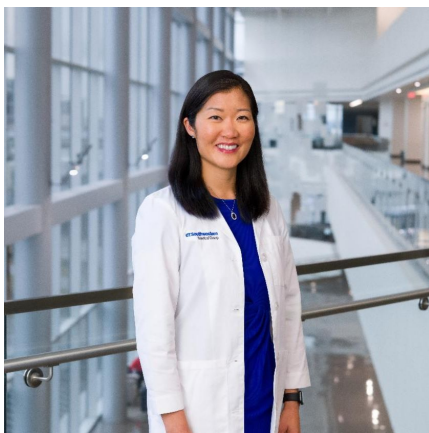
**Alison Cabrera, M.D.** has been tapped as the new orthopaedic surgery and sports medicine team doctor for **Dallas Trinity FC**.

For the new season, Dr. Cabrera will be working with Donald Kasitnon, M.D. from UT Southwestern Physical Medicine and Rehabilitation as well as the sports medicine team to provide sideline care for the team.

The 2025-2026 season for Dallas Trinity FC starts this month. [Click here](#) for more information.



## Top Story



### 4 Ways to Keep Your Joints Healthy

(The New York Times) Numerous companies sell supplements like glucosamine and chondroitin that they claim can improve joint

## Top Publication



### Influence of Neighborhood Disparities on Traumatic Shoulder Instability Severity and Timing of Care in Adolescents

health, and people are snapping them up. The research, however, is mixed on whether supplements actually help with stiffness and pain. **Antonia Chen**, chair of orthopaedic surgery at UT Southwestern Medical Center, warns patients that these supplements aren't well studied or tightly regulated by the federal government.

[Read More](#)

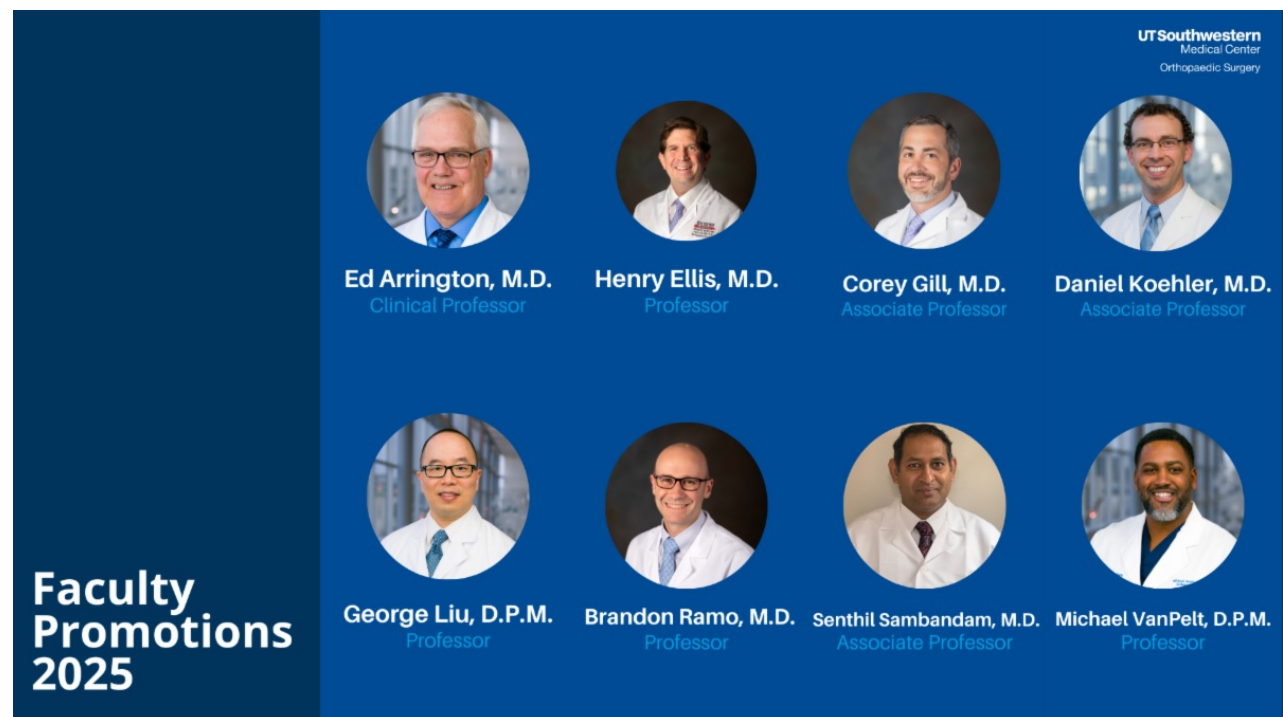
Children living in neighborhoods with fewer educational and social/economic opportunities were associated with longer times from injury to orthopaedic evaluation and from injury to MRI for shoulder instability and were at a higher risk for recurrent shoulder dislocations.

[Read More](#)

## Faculty News









### Faculty Promotions 2025

The Department of Orthopaedic Surgery is excited to announce this year's **faculty promotions**. Congratulations to the following faculty who received promotions. **New titles will go into effect September 1, 2025.**



UT Southwestern Medical Center Orthopaedic Surgery

**Faculty Promotions 2025**

 <b>Ed Arrington, M.D.</b> Clinical Professor	 <b>Henry Ellis, M.D.</b> Professor	 <b>Corey Gill, M.D.</b> Associate Professor	 <b>Daniel Koehler, M.D.</b> Associate Professor
 <b>George Liu, D.P.M.</b> Professor	 <b>Brandon Ramo, M.D.</b> Professor	 <b>Senthil Sambandam, M.D.</b> Associate Professor	 <b>Michael VanPelt, D.P.M.</b> Professor

### UT Southwestern Orthopaedic Surgery Faculty and Residents attend the Western Orthopaedic Association Annual Meeting

At the end of last month, UTSW Orthopaedic Surgery faculty and residents attended and presented at the **WOA Annual Meeting** held this year in Hawaii.

They presented poster presentations as well as spoke during sessions and panels throughout the

weekend. It was also a great time to meet with other orthopaedic surgeons and residents who are active in WOA.

We can't wait for next year's meeting!



### Dr. Ulman's interview with WFAA on Movement Science Lab using tech to prevent sports injuries

UT Southwestern Orthopaedic Surgery Assistant Professor and Scottish Rite faculty member, **Sophia Ulman, Ph.D.**, leads the **Movement Science Lab at Scottish Rite for Children**. The lab is using advanced markerless, 3D motion capture technology to help prevent sports injuries.

[Click here](#) to watch the recent WFAA interview featuring Dr. Ulman and learn more about the program's impact on preventing sports injuries.

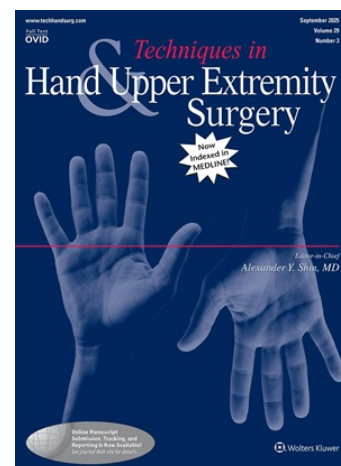
## Research News

### Top Research News:

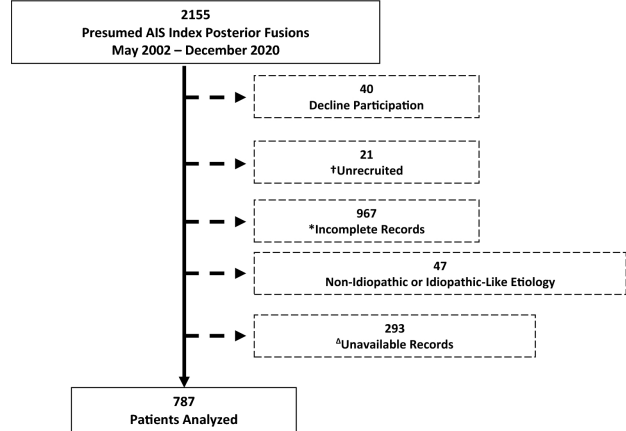
#### Extensor Tendon Centralization of the Metacarpophalangeal Joint Using a Synthetic Suture Tape

This new study, featuring UT Southwestern Orthopaedic Surgery Assistant Professor, **Daniel Koehler, M.D.**, and PGY 5 resident, **Dang-Huy Do, M.D.** as co-authors, introduces a new technique using synthetic suture tape to create a pulley over the MCP joint, centralizing the EDC tendon without relying on native tissue quality or autografts.

[Click here](#) to read the full study.



### Top Research Publications:



## Automatic Classification and Acoustic Auscultation of Heart, Lung, and Bowel Sounds Using Artificial Intelligence

Auscultation of heart, lung, and bowel sounds remains a fundamental diagnostic technique in clinical practice despite significant technological advancements in medical imaging. However, the accuracy of auscultation-based diagnoses is highly dependent on clinician experience and expertise, leading to potential diagnostic inconsistencies ...

[Read More](#)

## Surgery partially mitigates a 2-decade decline in health-related quality of life for adolescents with idiopathic scoliosis undergoing spinal fusion at 2 years

The purpose of this study is to evaluate how 2-year postoperative SRS scores for patients with adolescent idiopathic scoliosis (AIS) who underwent spine fusion have evolved over time. Single center, retrospective review of AIS patients who underwent fusion between 2002 and 2020.

[Read More](#)

## Education News

### 1st Annual OSIG mixer with Medical Student and Orthopaedic Surgery Residents

The **UT Southwestern Orthopaedic Surgery residents** teamed up with the **Orthopaedic Surgery Interest Group** to have the first ever **OSIG mixer** last month.

Hosted at Community Beer Co., this mixer was a chance for medical students interested in orthopaedic surgery to meet with current residents with the goal of forming future relationships and mentorships. The group also got to hear a few words from Residency Associate Program Director, Jaysson Brooks, M.D.

We are looking forward to the next mixer and to start mentorships with medical students interested in orthopaedic surgery.





## GME Professionals Day 2025

The Department of Orthopaedic Surgery would like to highlight **GME Professionals Day** that was on **Friday, August 15, 2025**.

We would like to thank our education manager, **Michelle Hughes**, and our GME Professionals, **Michelle Payton**, **Lorraine Valdez**, **Natalie Lopez**, and **Shenia Calton**, for all that they do in making our residency and fellowship training programs a success!

[Click here](#) to learn more about our GME team and our Orthopaedic Surgery education programs.



## Upcoming Events

### Sarcoma Strong 5K 2025 in Dallas

September 6, 2025 | White Rock Lake, Dallas

The third annual **Sarcoma Strong 5K** in Dallas will be held **Saturday, September 6** at White Rock Lake. Alexandra Callan, M.D. will be heading up the event

again this year with the Southwestern Running Club.

Let's come together to raise awareness and support for sarcoma research and those affected by the disease.

[Click here](#) to register today!



*Sarcoma Strong* 5K  
Run | Walk | Donate | Volunteer



## Orthopaedic Surgery Staff Retreat 2025

September 12, 2025 | Woodview Tower

The Department of Orthopaedic Surgery will be hosting a **Staff Retreat** on **Friday, September 12** at the **Woodview Tower (8th floor, 8.110)**. It will be for Clinic and Administrative Staff. Address for Woodview Tower is listed below:

**Woodview Tower**  
**1349 Empire Central Dr.**  
**Dallas, TX 75247**

For questions, please contact [Porsche Bates](#) or [Robin Michaels](#).

## Department News

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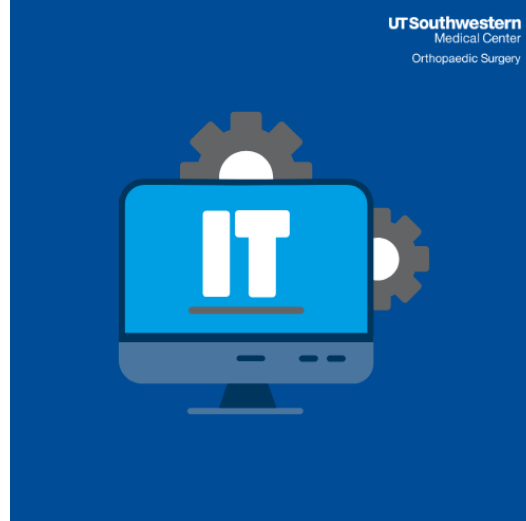
#### End-of-year comprehensive assessment of department equipment

The Department of Orthopaedic Surgery is conducting an **IT equipment assessment** across the department as an end-of-year asset review. This includes computers, laptops, and other technology or devices issued for work purposes.

If you have any equipment whether it is outdated, no longer functional, or simply not in use, please arrange for its return so it can be properly accounted for, reassigned, or decommissioned.

You may:

- Return items in person to the 4th floor administrative office
- Faculty may contact someone from the administrative team to schedule a pick-up



Please contact [Porsche Bates](#) if you have any questions. Equipment must be returned for proper assessment by **August 29, 2025**.

## Department Announcements



### Share Your UT Southwestern Pride with Talent Acquisition

**UT Southwestern Talent Acquisitions** team is looking for employees to spotlight on the institution's social media accounts.

If you love working at UT Southwestern and for our department, [click here](#) to fill out the **Talent Acquisition Team Employee Spotlight Survey: Orthopaedic Surgery**.

Share your answers and help the team recruit other great team members to join us!

### New Headshots? Sign up for your professional headshot today!

Whether you have already had a photo taken or need a new one, sessions are available for UT Southwestern faculty and staff to have professional headshots taken at Clements University Hospital. The sessions take about 10 minutes and require sign ups in advance.

[Click here](#) to sign up for a spot today!



**Reminder: Updating Faculty Profiles (.edu and .org)**

# UT Southwestern Medical Center Orthopaedic Surgery



Do you know you can update your ".edu" and ".org" profile with a click of a button?

The Department of Marketing, Communications and Public Affairs has built portals for physicians to access their profile anytime to update their information. **PUMA** gives you access to your clinical profile (.org), and **Profile+** is where you can access your academic profile (.edu).

For questions, please contact [Orthopaedic Marketing](#).

## Get In Touch



### Contact Ortho Marketing Today!

Have questions about this newsletter or want to be featured in an upcoming edition? Reach out to Marilyn Clark from the Orthopaedic Surgery Marketing team for any inquiries related to department marketing or newsletter submissions.

Email at [orthopaedicmarketing@utsouthwestern.edu](mailto:orthopaedicmarketing@utsouthwestern.edu)

Stay up-to-date on physician news by clicking the computer icon and visit the UT Southwestern Orthopaedics Physician Portal.



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