## UTSW Orthopaedic Times

## **UTSouthwestern**

**Medical Center** 

Department of Orthopaedic Surgery

Volume 2 | Issue 4 | December 2024

## **Department Announcement**

100 hospitals and health systems with great orthopedic programs | Becker's Hospital Review



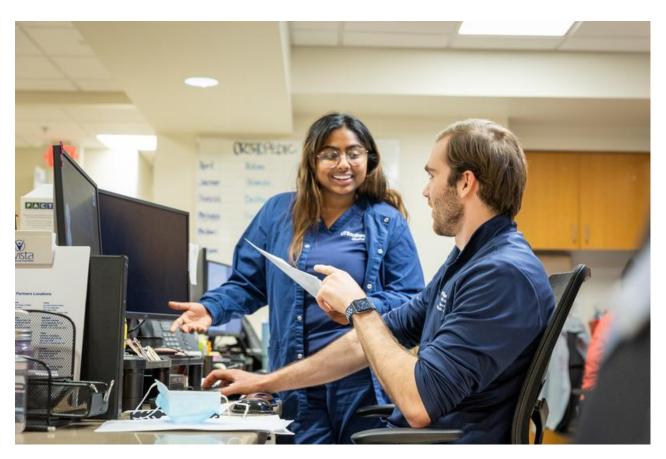
The Department of Orthopaedic Surgery at UT Southwestern has been named one of **Becker's 100 leading orthopedic programs in the U.S.** This recognition reflects our commitment to delivering exceptional patient care, advancing groundbreaking research, and training future orthopaedic experts. Ranked No. 49 nationally by *U.S. News & World Report* for 2024-25, our team continues to excel in specialties such as sports medicine, joint replacement, orthopaedic oncology, and trauma care.

## **NEW:** Operational Orthopaedic phone number for urgent visits (Outpatient Building)

A new operational Orthopaedic phone number for urgent visits went live in September. 214-648-6644 connects callers to our outpatient clinic located in the Outpatient Building on West Campus.

Our non-urgent number hasn't changed, but we are encouraging patients with urgent needs to use the new number so they can se our faculty more quickly and easily.

<u>Click here</u> to access the new number and to learn more about our urgent care services.



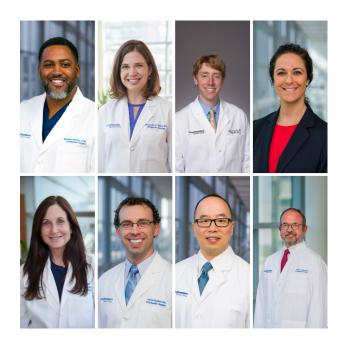
## **Major Awards**

U.S. News & World Report names Scottish Rite for Children No. 2 in the Nation & No. 1 in Texas for Pediatric Orthopedic Care



Scottish Rite for Children ranks No. 2 in the nation for pediatric orthopedic care according to U.S. News & World Report's 2024-2025 "Best Hospitals for Pediatric Orthopedics" rankings. This places Scottish Rite, yet again, at No. 1 for pediatric orthopedics in Texas and the entire Southwest region, which includes Arizona, New Mexico and Oklahoma.

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#### UT Southwestern Orthopaedic Surgery faculty among D Magazine's Best Doctors 2024

Eight of our faculty in the Department of Orthopaedic Surgery at UT Southwestern were named **Best Doctors 2024 by D Magazine**. The publication released its yearly list at the end of October.

Their well-deserved recognition reflects their expertise, dedication, and passion for delivering high-quality care to our patients. Thank you for the outstanding work you do every day!

<u>Click here</u> to see the full list and the honorees from our department made it!

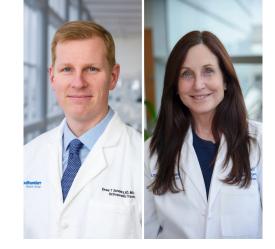
## **Faculty News**

Dr. Sanders, Dr. Golden to step down from Residency Program roles

As announced in October, **Drew Sanders**, **M.D.** and **Ann Golden**, **M.D.**, Associate Professors of Orthopaedic Surgery, will step down as **Program Directors** of the **UT Southwestern Orthopaedic Surgery Residency Program** at the end of the 2024-2025 academic year.

We are pleased that both will remain integral members of our department and will continue to contribute their expertise and guidance. Thank you, Dr. Sanders and Dr. Golden, for your exceptional service and continued commitment to our program.

The Residency Program's new directors will be announced later in the academic year.



## **Event Highlights: UTSW Orthopaedic Surgery hosts first Martin Allgöwer-Hansjörg Wyss Visiting Professor Lectureship**

The UT Southwestern Department of Orthopaedic Surgery hosted its first Martin Allgöwer-Hansjörg Wyss Visiting Professor Lectureship in October. We had the pleasure to invite James R. Ficke, M.D. from Johns Hopkins University Orthopaedic Surgery, to present at the lectureship as a visiting professor.

Dr. Ficke had a great lecture on amputation and salvaging. The event also featured resident case study presentations that fostered insightful discussions.

Thank you to all who attended. Stay tuned for more lectures to come.







## 2024 Sarcoma Strong 5K Run and Walk in Dallas

The 2024 Sarcoma Strong 5K Run and Walk was held on September 7, 2024 at White Rock Lake in Dallas. This was the second year for the event led by UT Southwestern Orthopaedic Surgery Associate Professor, Alexandra Callan, M.D. and the Southwestern Running Club.

The 5K run and walk raises awareness and research funds for sarcomas, a rare condition that develops in

the bones and soft tissues.



Thank you to Dr. Callan, the Southwestern Running Club, and students for organizing this event and bringing the community together to support sarcoma awareness. Click here to learn more about Sarcoma Strong.

## Dr. Hernandez awarded first NIH grant for research efforts

UT Southwestern's, **Paula Hernandez, Ph.D.**, Assistant Professor of Orthopaedic Surgery and Biomedical Engineering, was awarded her first **NIH R21 research grant by the National Institute on Aging**.

The NIH grant is an important milestone for Dr. Hernandez and her research efforts in orthopaedic surgery. This grant will allow for continued studies and efforts to unveil sex differences and improve women's health.

<u>Click here</u> for more information on Dr. Hernandez' research, part of the UT Southwestern Women's Health Research Initiative.



# THE PERRY INITIATIVE

# UTSW orthopaedic surgeons guide teens and medical students at Perry Initiative events

Amy McIntosh, M.D., Associate Professor at UT Southwestern Orthopaedic Surgery and staff member at Scottish Rite for Children, led two Perry Initiative Outreach Program events in October, for medical students and another for high school students. The Initiative works to inspire young women to be leaders in orthopaedic surgery and engineering.

The Medical Student Outreach Program was filled with hands-on skills modules for participants and connected them with professional mentors in Orthopaedic Surgery. The group also got to hear from local female surgeons, including Department Chair, Antonia Chen, M.D.

The following day was the Perry Initiative
Outreach Event for high school students.
Dr. McIntosh and Assistant Professor,



Megan Sorich, D.O. guided the young women in hands-on exercises that included mock surgeries and suturing, as well as discussions about women in STEM and orthopaedic surgery.





## **UT Southwestern Orthopaedic Surgery provides sideline care for Dallas Trinity FC**

UT Southwestern Orthopaedic Surgery's Sports Medicine Section has provided sideline care for Dallas Trinity FC's inaugural season. Assistant Professors, Nathan Boes, M.D., and Donald Kasitinon, M.D., are among the UT Southwestern physicians have been tending to athletes at each home match.

This care is part of UT Southwestern's role as Official Health Care Partner of Dallas Trinity FC.

Check out our **Press and Publications section** below for the full news release.



#### **Events**

## UT Southwestern Orthopaedic Surgery Grand Rounds with Dr. Linda Suleiman

January 15, 2025 | UT Southwestern Main Campus (location TBD)

Mark your calendars: The Department of Orthopaedic Surgery will be hosting a special **Grand Rounds featuring Linda Suleiman, M.D.**, Assistant Professor of Orthopaedic Surgery at Northwestern University. The Grand Rounds will be on **January 15, 2025** 

starting at 6:30 a.m.

Dr. Suleiman will be speaking about health disparities in orthopaedics. Her lecture is sponsored by the Office for Institutional Opportunity, Department of Orthopaedic Surgery and the Peter O'Donnell Jr. School of Public Health.

All are invited to this special Grand Rounds. Please email Robin Michaels (Department Chair Coordinator) for questions.



#### 18th Annual Spine Symposium

January 17, 2025 | Scottish Rite for Children (Dallas Campus)

Scottish Rite for Children will be hosting its

18th Annual Spine Symposium on

January 17, 2025 featuring visiting professor

Michael Kelly, M.D.

Dr. Kelly is the Director of Scoliosis and Spinal Deformities in the Division of Orthopedics & Scoliosis at Rady Children's Hospital-San Diego.

<u>Click here</u> to register for the event and learn more about Dr. Kelly.



## Controversies in Pediatric Limb Reconstruction (CPLR) 2025

February 7- 8, 2025 | Scottish Rite for Children (Dallas Campus)

Controversies in Pediatric Limb
Reconstruction will be held at Scottish Rite for
Children on February 7 and 8, 2025. This two
day symposium will cover everything related to
the topic of pediatric limb reconstruction.

<u>Click here</u> to register for the event.



## **UTSW Orthopaedic Surgery News**

### **Press and Publications**



## 3D-printed femurs may enhance biomechanical studies

Researchers at UT Southwestern Medical Center have developed a breakthrough three-dimensional (3D) printing technique for generating realistic models of the human femur that could make it easier and less expensive to conduct biomechanical research. Orthopaedic Surgery Assistant Professors, Richard Samade, M.D., Ph.D., and Robert Weinschenk, M.D., were authors on this collaborative study with UT Dallas.

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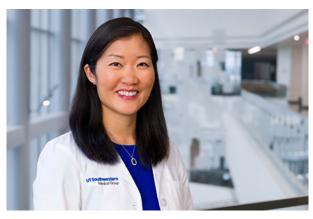
Unfortunately, most of the current knowledge has been obtained by studying only males or combining both males and females. Female-specific data have been historically avoided due to the unfounded fear of their intrinsic variability.

Paula A. Hernandez, PhD

Healio

# Biological factors in early life may 'play a major role' in osteoarthritis sex disparities

Chromosomal, hormonal and structural differences between the bodies of girls and boys may explain why osteoarthritis (OA) incidence is elevated in women vs. men later in life, according to a review published in Osteoarthritis & Cartilage. In their article,



# Hip and knee replacement expert appointed Chair of Orthopaedic Surgery - Center Times Plus

Antonia Chen, M.D., M.B.A., an orthopedic surgeon known for her studies on clinical outcomes after hip and knee replacements, recently began her role as the new Chair of the Department of Orthopaedic Surgery and is already aiming for improvements in patient care, education, and research. *Center Times Plus* spoke with Dr. Chen about her career and future plans for the Department of Orthopaedic Surgery.

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Dallas Trinity FC announces UT Southwestern as Founding Partner, training kit partner and Official Medical Provider

Dallas Trinity FC has announced UT
Southwestern as the club's official
Founding Partner of Dallas Trinity FC and

Paula Hernandez, Ph.D., Assistant Professor in Orthopaedic Surgery and Biomedical Engineering at UT Southwestern Medical Center, and colleagues noted that previous research has shown a "sex-specific component" to OA ...

the training kit sponsor for the inaugural USL Super League season. The deal is highlighted by the UTSW name prominently featured on the front of the DTFC training top jerseys ...

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#### Research

The Department of Orthopaedic Surgery faculty continuously work on research that impacts the field of orthopaedics. Some of their efforts and studies recently recognized in various publications include:

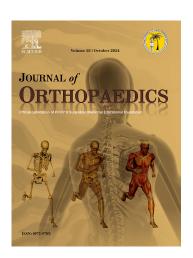
#### **Top Research:**

## Caring for Underserved Populations in Orthopedic Trauma - Orthopedic Clinics of North America

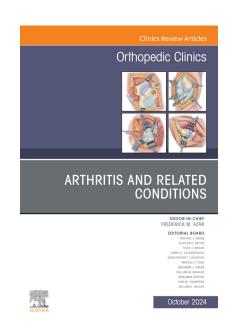
UT Southwestern Orthopaedic Surgery Associate Professor, **Drew Sanders**, **M.D**., and PGY-4 resident, **Terrul Ratcliff**, **M.D**., had an article published recently in *Orthopedic Clinics of North America*.

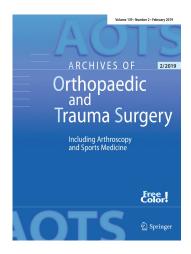
It outlines the various underserved groups that are present in the orthopedic trauma populations, the challenges that they face, and strategies to enhance their access to higher quality, timely orthopedic trauma care.

**Click here** to read the full research article.



Comparison of cost and complications of primary total hip arthroplasty versus oncologic





Predictors of inpatient mortality following reverse shoulder arthroplasty - Archives of

## proximal femur replacement - Journal of Orthopaedics

Proximal femur replacement (PFR) is most commonly performed after a large resection of the proximal femur to remove tumor and is known to have high complication rates and worse function than a primary total hip replacement (THA). Many surgeons feel that current billing practices fail to adequately differentiate this procedure from a THA ...

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#### Orthopaedic and Trauma Surgery

The number of reverse shoulder arthroplasties (RSA) performed each year is growing rapidly, especially in elderly patients and with expanded indications including geriatric proximal humerus fractures. As the elderly population grows and the number of RSA's annually continues to rise, there will be a proportionate number of adverse events and mortality ...

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#### **Other UTSW Orthopaedic Surgery News:**



# New Employee Spotlight: Robin Michaels, Department Chair Coordinator

The Department of Orthopaedic Surgery is excited to announce that **Robin Michaels** has joined us as the new **Department Chair** Coordinator.

In this essential role, Robin will provide comprehensive support for Department Chair, Antonia Chen, M.D., MBA, assisting with document preparation, calendar management, travel arrangements and organizing official functions and meetings. Her role will be pivotal in streamlining administrative processes and enhancing the Chair's capacity to focus on strategic priorities.

Please join us in welcoming Robin to the department! Click here to learn more about her.

#### PGY-4 resident presents at OTA 2024 Annual Meeting

In October, PGY4 resident, **Joshua Sun, M.D.**, presented at the **Orthopaedic Trauma Association 2024 Annual Meeting** in Montreal.

Dr. Sun presented on postoperative outcomes based on timing of fixation and flag coverage in Gustilo-Anderson 3B tibia fractures.

Our orthopaedic surgery faculty were also in attendance, including Adam Starr, M.D., Drew Sanders, M.D., Ishvinder Grewal, M.D. and more of our Orthopaedic Trauma Section.





# 2024 Charlie Reinert Pig Roast celebrates UT Southwestern Orthopaedic Surgery and Parkland

UT Southwestern Orthopaedic Surgery residents, alumni, and faculty from past and present gathered for the much-anticipated annual **Charlie Reinert Pig Roast**, a time-honored tradition for our Residency Program.

This special event, held in honor of Professor Emeritus Charlie Reinert, M.D., is a day of celebration, delicious food and camaraderie.

It was a wonderful opportunity for colleagues and friends to reconnect, share stories, and reflect on the legacy of Orthopaedic Surgery at UTSW and Parkland. We look forward to continuing this tradition in the years to come!

## Now Hiring: Sports Medicine Manager, Orthopaedic Surgery

The Department of Orthopaedic Surgery is excited to announce an opening for a **Sports Medicine Manager** to lead our team of athletic trainers.

This key role will focus on enhancing the care and support we provide to athletes across the region as well as oversee our athletic trainers, support our patients, and foster education.

If you or someone you know is passionate about enhancing sports medicine and athletic care, <u>click</u> here to apply today.



#### **Dallas Clinics**

**Outpatient Building** 

1801 Inwood Road Dallas, TX 75390

William P. Clements Jr. University Hospital

6201 Harry Hines Blvd. Dallas, TX 75390

**Zale Lipshy Pavilion** 

5151 Harry Hines Blvd. Dallas, TX 75390

Spine Center at James W. Aston Ambulatory Care Center

5303 Harry Hines Blvd., 7th Floor, Ste 800 Dallas, TX 75390

#### **DFW Clinics**

UT Southwestern Richardson/Plano

3030 Waterview Parkway, 1st Floor Richardson, TX 75080

**UT Southwestern Frisco** 

12500 Dallas Parkway Frisco, TX 75033

**UT Southwestern Las Colinas** 

6121 N. Highway 161 Irving, TX 75038

#### Affiliate Hospitals in Dallas

**Parkland Memorial Hospital** 

5200 Harry Hines Blvd. Dallas, TX 75235

Dallas VA Medical Center

4500 S. Lancaster Road Dallas, TX 75216

Scottish Rite for Children

2222 Welborn St. Dallas, TX 75219

Children's Medical Center Dallas

1935 Medical District Drive Dallas, TX 75235

Stay up to date on physician news by clicking on the computer icon and visiting the UT Southwestern Orthopaedics Physician Portal.



Follow UTSW Orthopaedic Surgery on X, Instagram, Facebook, and LinkedIn to keep up with the latest happenings.



#### **UTSW Department of Orthopaedic Surgery Website**

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